



# CARDINAL O'HARA *High School*

Date: June 2018

Dear Parents/Guardians:

Please forgive the amount of information and papers coming home. The following are included:

- New Health Examination Changes and Requirements. Please Read Carefully!
- Card or Release of Medical Information: Please sign as this form allows communication between your school nurse and healthcare provider, to improve the care of your student, in the event they have an illness or injury which impacts their school attendance or performance. We will fax this to the healthcare provider as the need arises.
- Physical Examination form. Required for 9th, 11th, New incoming students from outside the Ken-Ton district, and those participating in sports.
- Health History Form: to be completed by parents/guardians
- Dental certificate
- Permission to Administer Medication form: Please bring to your provider to fill out if your child requires medication (prescription or over the counter) during the school day. You must bring the medication to school in its original container. Please **DO NOT SEND THE MEDICINE TO SCHOOL WITH YOUR CHILD**. If you and your provider choose to allow your student to self-administer the medication please fill out the back of the Permission to Administer Medication form.
- Physical Examination requirements for those playing Fall sports

\*Please Note: Per New York State guidelines the nurse will only administer medication to those with a doctor's order and parental consent, the medication being provided by the parent. Cough drops and over the counter medications such as Tylenol and Ibuprofen **will not** be kept in the health office for students.

\*\*There is no nurse in the health office over the summer. I will be back September 4th 2018.

Have a Safe and Happy Summer!

Sincerely,

Katherine Thomas BSN, RN