

Girls Soccer:

Month	Day	Home/ Away	Opponent	Location/ Time
August	21	A	Tonawanda HS	THS/7:30
August	30	H	Mt.St. Mary's	COHS/4:30
September	10	A	Mt. Mercy	Mercy4:30
September	11	A	Buffalo Seminary	Larkin Field/4:30
September	14	H	The Park School	COHS/4:30
September	19	H	Christian Central	COHS/4:30
September	27	H	Niagara Falls	COHS/ 4:30
October	1	A	Tonawanda HS	THS/6:30
October	5	A	The Park School	COHS/4:30
October	9	H	Buffalo Seminary	COHS/4:30
October	16	H	Olmstead	COHS/4:30
October	19	A	Christian Central	CC/4:30

Boys Soccer:

Month	Day	Home/ Away	Opponent	Location/ Time
September	5	A	Bishop Timon	Tifft, Field 1/4:30
September	12	H	Park School	COHS/4:30
September	17	H	Tapestry	COHS/4:30
September	21	H	The Gow School	COHS/4:30
September	26	A	St. Mary's	COHS/4:30
October	1	H	Timon	COHS/4:30
October	4	TBA	Tapestry	TBA/4:30
October	5	H	Christian Central	COHS/4:00
October	11	A	St. Mary's	Westwood Park/4:30
October	16	A	Park School	Park School/4:30
October	17	A	Christian Central Academy	CCA field/4:30
October	22	H	Central Baptist Christian	COHS/4:30

Cardinal O'Hara

HIGH SCHOOL

FALL SPORTS SCHEDULE



HOME
OF THE
HAWKS

SOCCER COACHES:

Girls Soccer: Stephanie Allaire

Boys Soccer: John Nowak



39 O'Hara Road - Tonawanda, NY 14150
(716) 695-2600 - www.cardinalohara.com

Principal, Mary Holzerland, Ext. 304
Athletic Director, Brian Lamping, Ext. 308

Football Coach: Shaquille Dudley

Month	Day	Home/ Away	Opponent	Location/ Time
September	1	H	Monroe	COHS/1:00
September	8	A	Bishop Kearney	12:00
September	15	H	Tioga Central	COHS/1:00
September	22	A	St. Francis	1:00
September	29	A	St. Mary's	1:00
October	5	H	Bishop Timon	New Era/ 7:00
October	13	H	Gilman	COHS/1:00
October	19	A	Stubenville	7:00
October	27	A	Canisius	1:00
November	3	TBD	Play off	TBA

Girls Volleyball Coach: Jake Shapiro

Month	Day	Home/ Away	Opponent	Location/ Time
September	11	H	St. Mary's	COHS/6:00
September	12	H	Depew	COHS/6:00
September	17	H	Mt. Mercy	COHS/6:00
September	18	H	Ken. East	COHS/6:00
September	19	H	Sacred Heart	COHS/6:00
September	25	A	Nichols	Nichols/ 6:00
September	27	A	Tapestry	Tapes- try/6:00
October	3	A	Mt. Mercy	Mercy/6:00
October	9	A	Mt. St. Mary's	MSM/6:00
October	12	H	Nichols	COHS/6:00
October	16	A	Nardin	Villa/6:00
October	18	H	Tapestry	COHS/6:00

Boys Volleyball Coach: Brian Lamping

Month	Day	Home/ Away	Opponent	Location/ Time
September	6	A	East Aurora	East Aur. HS/6:00
September	13	H	Canisius	COHS/5:00
September	18	A	St. Joe's	Joe's 5:00
September	24	H	St. Francis	COHS/5:00
September	26	H	St. Mary's	COHS/5:00
October	2	A	St. Mary's	5:00
October	4	A	Canisius	Canisius/ 5:00
October	9	H	Lydonville	COHS/ 6:00
October	12	A	St. Francis	SF/ 5:00
October	17	H	Olmstead	COHS/6:00
October	18	A	East Aurora	East Aur./ 6:00
October	19	H	St. Joe's	COHS/5:00
October	22	H	Hutch Tech.	COHS/6:00
October	23	A	Amherst	Amherst /6:00



Boys Varsity Cross-Country Coach: Dick Ward

Month	Day	Home/ Away	Opponent	Location/ Time
September	26	A	St. Joes	Como Lake Park/5:00pm
October	3	A	The Gow School, Nichols	Delaware Park, MM Rose Garden Trail 1/5:30pm
October	10	A	Canisius HS	The Gow School, XC, 5:30pm
October	24	A	St. Mary's	Delaware Park, MM Rose Garden Trail 1/5:00pm
November	4	A	Canisius HS	Knox Field, XC/9:00am

Girls Varsity Cross-Country Coach: Dick Ward

Month	Day	Home/ Away	Opponent	Location/ Time
September	25	A	Buffalo Seminary	Como Lake Park/4:30pm
October	2	A	Mt. Mercy	Ellicott Creek /4:30
October	16	A	Sacred Heart	Cazenovia Park, MMxc bowl, 4:30pm
October	23	A	The Gow School	Como Lake Park, 4:30pm
November	4	A	Nardin	Knox Field, XC/9:00am